

The M.L.Gandhi Higher Education
Society, Modasa



Shri S.K. Shah & Shrikrishna O.M. Arts College,
Modasa-383315

Add on Course on
Expertise Training Course in
Counseling Skills

Prepared by
(B.A.-4) Department

Year 2019-2020



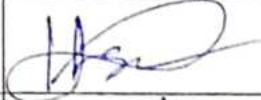
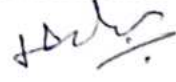


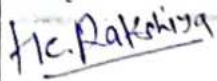
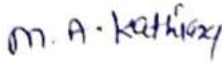
The M.L.Gandhi Higher Education Society, Modasa

Shri S.K.Shah & SHriKrishna O.M.Arts College,
Modasa- 383315

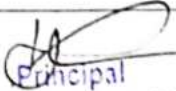
MINUTES

A Meeting of the Committee consisting by the following members was held on Dt. 17th July 2019 At 03.00pm to prepare the syllabus of add on courses by psychology Department to be started in the College. The following members were present in this meeting.

The attached syllabus of 30 hrs add on course on Experties Training Course In ^{skills} ~~Counseling~~ is approved by this committee after intensive Discussion.

Sr.No	Name of Members	Designation	Signature
1	Dr D.H.Joshi	Principal	
2	Dr J.J.Desai	Vice Principal	
3	Dr P.R.Sinh	IQAC Co-Ordinator	
4	Shri J.B.Patel	Administrator Co-Ordinator	
5	Dr. H.C. Rakharia	Hod	
6	Dr. M. A. Kathiyani	Assistant Professor	




Principal
Shri S.K.Shah & Shrikrishna
O.M. Arts College, Modasa (Aravalli)

2019-2020

Shri S. K. Shah & Shrikrishna O. M. Arts College, Modasa

Add-on Course :- Counselling Skills

Expertise Training Course in

Day 1 - Session 1

Time	Expert	Subject
9:00 to 11:00	Dr. H. C. Rakhsiya	① What is Counselling ② How does Counselling help

Day 2 - Session 2

Time	Expert	Subject
9:00 to 11:00	Dr. M. A. Kathiyar	What is difference between counselling and psychotherapy

Day 3 - Session 3

Time	Expert	Subject
9:00 to 11:00	Dr. H. C. Rakhsiya	Themes and Issues in the Psychodynamic approach to counselling

Day 4 - Session 4

Time	Expert	Subject
9:00 to 11:00	Dr. H. C. Rakhsiya	The cognitive behavioural approach to counselling




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Day 5 – Session 5

Time	Expert	Subject
9:00 to 11:00	Dr. H. C. Rakhsing	Beginning and ending of Counseling

Day 6 – Session 6

Time	Expert	Subject
9:00 to 11:00	Dr. M. A. Katiyagan	Negotiating expectation and preparing client for committing establishing working Alliance

Day 7 – Session 7

Time	Expert	Subject
9:00 to 11:00	Dr. H. C. Rakhsing	Beginning and endings of Counseling

Day 8 – Session 8

Time	Expert	Subject
9:00 to 11:00	Dr. M. A. Katiyagan	Ending Counseling




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Day 9 - Session 9

Time	Expert	Subject
9:00 to 11:00	Dr. H. C. Rakhsina	The middle part of Counselling

Day 10 - Session 10

Time	Expert	Subject
9:00 to 11:00	Dr. M. A. Pathiyar	Ending Counselling

Day 11 - Session 11

Time	Expert	Subject
9:00 to 11:00	Dr. H. C. Rakhsina	The middle part of Counselling

Day 12 - Session 12

Time	Expert	Subject
9:00 to 11:00	Dr. M. A. Pathiyar	Different formats for the delivery of counselling service




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Day 13 – Session 13

Time	Expert	Subject
9:00 to 11:00	Dr. M. A. Katiyora	① Theoretical Framework ② Counselling Skills

Day 14 – Session 14

Time	Expert	Subject
9:00 to 11:00	Dr. H. C. Bakhshiya	Personal Development

Day 15 – Session 15

Time	Expert	Subject
9:00 to 11:00	Dr. M. A. Katiyora	Theoretical framework Personal Therapy



(Signature)
 PRINCIPAL
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 O. M. ARTS COLLEGE, MODASA

Course Name :- Counselling Skills

Syllabus(30hrs)

Unit-1 Introduction to Counselling	<ol style="list-style-type: none"> 1. What is Counselling 2. How does Counselling help 3. What is difference between Counselling and Psychotherapy 	Hour-5
Unit-2 Counselling Approach -I	<ol style="list-style-type: none"> 1. Themes and Issues in the Psychodynamic approach to counselling. 2. The cognitive behavioral approach to counselling. 	Hours-5
Unit-3 Counselling Approach -II	<ol style="list-style-type: none"> 1. Theory and practice of the Person-centered approach 	Hours-5
Unit-4 Counselling Process -I	<ol style="list-style-type: none"> 1. Beginning and endings of counselling 2. Negotiating expectation and preparing client for each counselling - case formulation and contracting establishing working Alliance 	Hours-5
Unit-5 Counselling Pro	<ol style="list-style-type: none"> 1. Ending Counselling 2. The middle part of counselling 3. Different formats for the delivery of counselling service 	Hour-5
Unit-6 Being and becoming counsellors	<ol style="list-style-type: none"> 1. theoretical framework 2. Counselling skills 3. personal development 4. professional issues 5. Personal therapy 	Hours-5



(Signature)
Principal

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Short term Course, *Counseling Skills* Department *PSYCHOLOGY* - [2019-2020]

List of Students

Date : 24-7-2019 TO 09-7-2019

No.	Name Of Students	Roll No.	M/ F	Class	Session- 1	Session- 2	Session- 3	Session- 4	Session- 5	Session- 6	Session- 7	Session- 8	Session- 9	Session- 10	Session- 11	Session- 12	Session- 13	Session- 14	Session- 15
1	Patel Rimpal k	7129	F	TY	PRK	PRK	PRK	PRK	PRK	PRK	PRK	PRK	PRK	PRK	PRK	PRK	PRK	PRK	PRK
2	Chaudhari Mahima	7381	F	TY	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM
3	BHOI ARTI B	7377	F	TY	B.A	B.A	B.A	B.A	B.A	B.A	B.A	B.A	B.A	B.A	B.A	B.A	B.A	B.A	B.A
4	Chaudhari Dhanika	7380	F	TY	C.DC	C.DC	C.DC	C.DC	C.DC	C.DC	C.DC	C.DC	C.DC	C.DC	C.DC	C.DC	C.DC	C.DC	C.DC
5	GOR Dhruvi B	7392	F	TY	G.DP	G.DP	G.DP	G.DP	G.DP	G.DP	G.DP	G.DP	G.DP	G.DP	G.DP	G.DP	G.DP	G.DP	G.DP
6	Bhoi mitalim	7378	F	TY	G.MN	G.MN	G.MN	G.MN	G.MN	G.MN	G.MN	G.MN	G.MN	G.MN	G.MN	G.MN	G.MN	G.MN	G.MN
7	Mamsari Mustakim	7405	F	TY	M.M	M.M	M.M	M.M	M.M	M.M	M.M	M.M	M.M	M.M	M.M	M.M	M.M	M.M	M.M
8	Patel Damini m	7123	F	TY	P.DM	P.DM	P.DM	P.DM	P.DM	P.DM	P.DM	P.DM	P.DM	P.DM	P.DM	P.DM	P.DM	P.DM	P.DM
9	Patel Misha R	7426	F	TY	P.N	P.N	P.N	P.N	P.N	P.N	P.N	P.N	P.N	P.N	P.N	P.N	P.N	P.N	P.N
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SHRI S. K. SHAH & SHRIKRISHNA
O. M. ARTS COLLEGE, MODASA

Add on Course Report 2019-2020

Course : Counseling Skills

Co -Ordinator: Dr.M.A Kathiyara , Assistant professor, Department of Psychology

Course Duration: 30 Hours

Nine students of Psychology department were benefited with this course. They developed competencies for use of interpersonal and basic counseling skills ethically and safely and awareness and sensitivity about the process of individual change and personal growth with regard to self and others. Students will be able to demonstrate awareness of the social and cultural influences on human behavior; demonstrate effective counseling skills; evaluate clients' progress; recognize and mitigate counter transference; and conduct counseling with appropriate awareness of ethical and legal issues.



SHRI S. K. SHAH & SHRIKRISHNA
O. M. ARTS COLLEGE, MODASA



Add on Course

Organized by

Department of Psychology

Shri S.K. Shah & Shri Krishna O.M. Arts College, Modasa

CERTIFICATE OF COMPLETION

This is to certify that Patel Dhruvi A

has successfully completed the Certificate Course on "The Science of Happiness" organized by the Department of Psychology at college campus, Modasa, held from 11-07-2022 to 27-07-2022. We wish her/him all the luck for her/his future.

M A Kachiam
Head

Department of Psychology

Principal
Dr. Dipak H Joshi



Add on Course

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Department of Psychology

Shri S.K. Shah & Shri Krishna O.M. Arts College, Modasa

CERTIFICATE OF COMPLETION

This is to certify that Bhai Natib

has successfully completed the Certificate Course on "Counselling Skills" organized by the Department of Psychology at college campus, Modasa, held from 24-07-2019 to 09-08-2019. We wish her/him all the luck for her/his future.

SIC CO. D. VASANI
Head

Department of Psychology

Principal

Dr. Deepak H Joshi



Add on Course

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CERTIFICATE OF COMPLETION

This is to certify that Chaudhari Mahima S.

has successfully completed the Certificate Course on "Counselling Skills" organized by the Department of Psychology at college campus, Modasa, held from 24-07-2019 to 09-08-2019. We wish her/him all the luck for her/his future.

J/C M.A. Kathiwar
Head
Department of Psychology


Principal
Dr. Deepak H Joshi



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Department of Psychology


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CERTIFICATE OF COMPLETION

This is to certify that Patel Rimpal K

has successfully completed the Certificate Course on "Counselling Skills" organized by the Department of Psychology at college campus, Modasa, held from 24-07-2019 to 09-08-2019. We wish her/him all the luck for her/his future.

I. M. A. Kethi am
Head
Department of Psychology


Principal
Dr. Deepak H Joshi