

Health Indicators in India and its States: with reference to the State of Gujarat

Vadher Jagu Soma

Research Scholar,

Department of Economics, School of Social Sciences

Gujarat University Ahmedabad

Abstract :

This study has been done to check the health status in India and its various states. Here special reference has been made to the Health Status Survey of Gujarat State. India and its various states show improvement in some health indicators while others do not. etc. have been taken. Gujarat and India are compared.

Key words: Anemia, Malnutrition, Health Insurance, BMI., public health expenditure.

Introduction:

Health is considered a very important topic in today's era. People of the world have understood the importance of health during the corona period. According to the definition of the World Health Organization, health means physical, mental and social well-being, a healthy person can contribute significantly to the society and the development of the country. This concept is very important from economic and social point of view. Continuous and targeted efforts are being made to improve health indicators in various countries of the world. The goal of health is important when we want to achieve achievable development goals. United Nations has set 17

important goals for 2015 and these countries are seen working in that direction. Among these 17 goals, poverty eradication, hunger eradication, good health, quality education, gender equality, clean water and sanitation, electricity, socio-economic growth, elimination of inequality, protection of the earth etc. are important. In which health and wellness is the number 3 important goal. For which about 100 health directors have been decided by the World Health Organization.

Even in India, the current budget shows that the government has increased the expenditure on public health. Government of the country's GDP 2 percent is allocated in the budget for public health expenditure. At the same time, expenditure is increased to improve health conditions in various states of India. Various health related measures have been taken by *NITI Aayog* in India.

Indicators of Health in various states of India

Health Insurance:

The number of families in India where at least one member of the family has health insurance is on the rise. According to the statistics of National Family Health Survey-4, the proportion of health insurance holders in India increased from 28.7 percent to 41 percent during 2019-20. Talking about the various states of India, Andhra Pradesh, Chhattisgarh, Telangana, Tamil Nadu, Arunachal have more number of health insurance holders as compared to other states. Whereas the number of health insurance holders is less in Manipur, Jammu and Kashmir, Uttar Pradesh, Lakshadweep, Nagaland.

Malnutrition :