SHRI S. K. SHAH & SHRIKRISHNA O. M. ARTS COLLEGE, MODASA. [Run by : Shri M. L. Gandhi Higher Education Society, Modasa.]

## શ્રી એસ.કે.શાહ એન્ડ શ્રીકૃષ્ણ ઓ.એમ.આટ્રસ કોલેજ, મોડાસા

શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat) મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)

#### Date : 16-01-2023

#### **Minutes**

On 16-01-2023, the Department of Sanskrit held a meeting to plan a one-day seminar on Ayurveda. Chaired by Dr. Mayaben Patel the meeting commenced with a focus on the significance of Ayurveda in contemporary health practices. The committee decided to schedule the event on 18-01-2023 from 12:00 PM to 2:00 PM in Room No.-02. Responsibilities for logistical coordination, content development, and participant engagement were assigned to ensure a successful seminar. The organization of the event was unanimously approved by the committee members, who committed to thorough preparations and active participation to promote understanding and appreciation of Ayurvedic principles.

Dr. J.J. Desai



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શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

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### **Notice**

Date: 07-12-2022

This is to inform all the students that the Department of Sanskrit will be conducting the "Seminar on Ayurveda." on 08-01-2023 at Arts College, Modasa. Those who are interested in participating in the event are requested to remain present at 12:00 PM in Room No. 05.

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Dr. J.J. Desai



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શ્રી મ.લા.ગાંધી ઉચ્યતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat)

મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)

#### Report

Event: Seminar on Ayurveda Date: 18-01-2023 Time: 12:00 PM to 2:00 PM Location: Room No.-02 Organized by: Department of Sanskrit



The Department of Sanskrit, chaired by Dr. Mayaben Patel, successfully organized a one-day seminar on Ayurveda on 18-01-2023. The seminar aimed to highlight the significance of Ayurveda in contemporary health practices. Held from 12:00 PM to 2:00 PM in Room No.-02, the event featured a series of expert presentations and discussions that underscored the relevance of Ayurvedic principles in modern healthcare. Dr. Mayaben Patel inaugurated the seminar with insightful remarks, emphasizing the

ancient wisdom of Ayurveda and its application in today's health practices. The presentations provided in-depth insights into various aspects of Ayurveda, including its preventive and therapeutic benefits, resonating well with the attendees.

The interactive sessions fostered active engagement between participants and speakers, facilitating a deeper understanding of Ayurvedic concepts. Responsibilities for logistical coordination, content development, and participant engagement were diligently handled by the committee members, ensuring the seminar's smooth execution. The event concluded with a strong commitment from attendees to further explore and integrate Ayurvedic practices into their daily lives, enhancing overall well-being. The Department of Sanskrit expressed its gratitude to all contributors for their efforts in making the seminar a resounding success, and reaffirmed its dedication to promoting traditional health practices through such educational initiatives.

Dr. J.J. Desai



Satt S.K.Shah & Shrikiatana O.M. Arts College, Modasa (Aravalii)

# Shri S.K. Shah and Shrikrishna O.M. Arts College, Modasa

Seminar	on	'Ayurveda'
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