

Minute of the meeting

Date: 21/08/2023

Time: 3:30 to 4:00

Subject: To organise a programme on self-defence

The meeting was convened with the objective of organizing a programme focused on creating awareness about women's security and self-defence. Chaired by Prof. Dr. Marinaben Chauhan, the session saw active participation from all department members. The committee deliberated on the necessity and importance of such an initiative, deciding to arrange a lecture programme aimed at educating women on safety measures and self-defence techniques. After thorough discussion, it was resolved to conduct this awareness programme on the 23rd of August, 2023. The collective efforts and contributions of the members ensured the successful planning of this crucial event.

The chairperson, Dr. Marinaben Chauhan, along with members Dr. Manjulaben Solanki, Prof. Kokilaben Patel, Dr. Bhavanaben Savalia, Dr. Vandana Parmar, and Smt. Chandaben Damor, actively participated in the meeting, offering valuable input and suggestions. The session concluded with a consensus on the program's details and a commitment to its successful execution. The committee expressed confidence that the initiative would significantly contribute to enhancing women's safety and empowerment in the community.





Shif S.K.Shah & Shrikrishna O.M. Arts College, Modasa (Aravalli)



Report of the Programme on Self-Defence

Date: 23/08/2023

Total number of Students: 20

Duration: 12:00 to 1:30

The Home-Science Department of the college organized a lecture programme aimed at creating awareness among girls regarding self-reliance and self-defence. The event featured Krishna Rahevar, who provided insightful information about the physical and mental harassment of girls. In her lecture, she explained various self-defence techniques to be used in case of sexual harassment and shared critical information on how to seek legal and police assistance during such situations. The engaging session saw active participation from both girl students and professors, making the programme highly interactive and informative.

The intention behind organizing this programme was successfully achieved, as it empowered the participants with essential knowledge and skills to protect themselves and handle adverse situations effectively. The valuable insights and practical advice given by Krishna Rahevar were well-received, contributing to the overall success of the event. The chairperson, Dr. Marinaben Chauhan, along with committee members Dr. Manjulaben Solanki, Prof. Kokilaben Patel, Dr. Bhavanaben Savalia, Dr. Vandana Parmar, and Smt. Chandaben Damor, played an instrumental role in the planning and execution of the programme, ensuring its smooth conduct and impactful outcome.







- College Code No. 30 (D.P.)
- Zone Code No. : 93



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SHRI S. K. SHAH & SHRIKRISHNA O. M. ARTS COLLEGE, MODASA.

[Run by : Shri M. L. Gandhi Higher Education Society, Modasa.]

શ્રી એસ.કે.શાહ એન્ડ શ્રીકૃષ્ણ ઓ.એમ.આર્ટ્સ કોલેજ, મોડાસા

શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat)

મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)

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Chairperson Dr. Marinaben Chauhan



