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SHRI S. K. SHAH & SHRIKRISHNA O. M. ARTS COLLEGE, MODASA.

[Run by : Shri M. L. Gandhi Higher Education Society, Modasa.]

શ્રી એસ.કે.શાહ એન્ડ શ્રીકૃષ્ણ ઓ.એમ.આર્ટ્સ કોલેજ, મોડાસા

શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat)

મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)

જા.નં. /૨૦૨ -૨૦૨

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INTERNAL COMPLAINTS COMMITTEE (2021-2022)

Minute of the meeting

Date: 02/12/2021

Time: 3:30 to 4:30

Subject: To organise Self-Defence Training Programme

The meeting was convened to organize a Self-Defence Training Programme for girl students, chaired by Prof. Dr. Marinaben Chauhan. During the session, Dr. Manjulaben Solanki was introduced as a new member of the committee and was present throughout the meeting. After extensive discussions, it was acknowledged that there is a critical need for girl students to acquire self-defence skills. The committee unanimously agreed on the importance of this initiative and decided to organize a training programme focused on enhancing the self-defence techniques of girls. It was resolved to invite Alkaben Thakar and her team from the NGO 'Anjali Society for Rural Health and Development,' based in Ranasana, to conduct the training. The programme was scheduled for December 7, 2021.

The meeting concluded with the committee successfully making all necessary decisions regarding the organization of the self-defence training programme. All committee members actively participated, contributing valuable insights and suggestions. The following members were in attendance: Dr. Marinaben Chauhan (Chairperson), Dr. Manjulaben Solanki (Member), Prof. Kokilaben Patel (Member), Dr. Bhavanaben Savalia (Member), Dr. Vandana Parmar (Member), Smt. Chandaben Damor (Member), and Pri. Dr. Rajesh S. Vyas (Member & Legal Advisor, Pri. Law College, Modasa). The proactive involvement and collaborative

Chairperson
Dr. Marinaben Chauhan



Principal
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spirit of the members were instrumental in the successful planning of the programme.

INTERNAL COMPLAINTS COMMITTEE (2021-2022)

Self-Defence Training Programme

Date: 07/12/2021

Total number of Students: 123

Duration: 12:00 to 2: 30

Resource Person: Alkaben Thakar and her Team

(Anjali Society for rural health and development, Ranasana)

The Internal Complaints Committee of the college has taken the initiative to improve awareness towards women's issues by organizing a self-defence training programme. With the guidance of the principal, Dr. Dipakbhai Joshi, the committee arranged this training session aimed at empowering girls to defend themselves. Mrs. Alkaben Thakar, a social worker from the NGO 'Anjali Society for Rural Health and Development', along with her team, provided crucial information and demonstrated techniques for self-defence in both public and private spheres. Some team members showcased live demonstrations of defensive techniques. Girl students and professors shared personal incidents, and the team offered solutions and clarified actions to be taken in critical situations.

Girl students and professors actively participated in the programme, contributing to its success. The interactive nature of the session ensured that the participants could engage directly with the resource persons and gain practical knowledge. The programme successfully achieved its goal of raising awareness and equipping the participants with essential self-defence skills. The positive feedback and active involvement from both students and faculty members highlighted the importance and effectiveness of such initiatives.

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