



B' GRADE BY NAAC

SHRI S. K. SHAH & SHRIKRISHNA O. M. ARTS COLLEGE, MODASA.

[Run by : Shri M. L. Gandhi Higher Education Society, Modasa.]

શ્રી એસ.કે.શાહ એન્ડ શ્રીકૃષ્ણ ઓ.એમ.આર્ટ્સ કોલેજ, મોડાસા

શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat)

મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)

Shri S. K. Shah & Shrikrishna O. M. Arts College, Modasa

Women Development Cell (2021-22)

Minute of the meeting

Date: 02/12/2021

Time: 3:30 to 4:30

Subject: To organise Self-Defence Training Programme

The meeting was called in order to organise programme on Self Defence Training for Girl Students. Prof. Pushpaben Garasia was the chair of the meeting. Dr. Manjulaben Solanki was appointed as a new member of the committee. She was presented in the meeting. After a long discussion, it was concluded that girl students are in need to defence themselves and they should acquire the defence technique. To fulfil the purpose, the committee decided to organise a training programme that rely on improving self-defence technique of girls. The members decided to invite Alkaben Thakar and her team, that belong to an NGO named 'Anjali Society for rural health and development', Ranasana. The programme date was decided on 07/12/2021. The meeting was successful to make decision regarding to organise such a programme. Committee members actively participated in the meeting.

Chairperson: Prof. Pushpaben Garasia

Committee Members: Dr. Manjulaben Solanki

Dr. Vandana Parmar

VS
MS
VDP

AS
Principal
Shri S.K.Shah & Shrikrishna
O.M. Arts College, Modasa (Aravalli)



B' GRADE BY NAAC

SHRI S. K. SHAH & SHRIKRISHNA O. M. ARTS COLLEGE, MODASA.

[Run by : Shri M. L. Gandhi Higher Education Society, Modasa.]

શ્રી એસ.કે.શાહ એન્ડ શ્રીકૃષ્ણ ઓ.એમ.આર્ટ્સ કોલેજ, મોડાસા

શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat)

મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)

Shri S. K. Shah & Shrikrishna O. M. Arts College, Modasa

Women Development Cell (2021-22)

Self-Defence Training Programme

Date: 07/12/2021

Total number of Students: 123

Duration: 12:00 to 2: 30

Resource Person: Alkabhen Thakar and her Team (Anjali Society for rural health and development, Ranasana)

Women Development Cell of the college has taken initiative to improve awareness towards women issues. The WDC has organised a training programme that could be helpful to girls to defend themselves. With the guidance of the principal, Dr, Dipakbhai Joshi, the cell has organised Training programme. Mrs. Alkabhen Thakar who is a social worker of an NGO 'Anjali Society for rural health and development', Ranasana. She and her team had given important information and techniques to defend girls in public arena as well as in private sphere. Some of the members of the team has shown live demo of defensive techniques. Girl students and professors also shared some of their personal incidents and later the team has clarified and solved certain issues regarding what actions should be taken in critical situation. Girl students and professors actively participated in the programme. Thus, the intention to organised such programme was successful.

Chairperson: Prof. Pushpaben Garasia

Committee Members: Dr. Manjulaben Solanki

Dr. Vandana Parmar

Principal
Shri S.K.Shah & Shrikrishna
O.M. Arts College, Modasa (Aravalli)



B' GRADE BY NAAC

SHRI S. K. SHAH & SHRIKRISHNA O. M. ARTS COLLEGE, MODASA.

[Run by : Shri M. L. Gandhi Higher Education Society, Modasa.]

શ્રી એસ.કે.શાહ એન્ડ શ્રીકૃષ્ણ ઓ.એમ.આર્ટ્સ કોલેજ, મોડાસા

શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat)

મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)

Women Development Cell & Department Of Home Science

Minutes of the Meeting

Meeting Date: 09-12-2021

Place: Department of Home Science

Time: 12:00 PM to 2:00 PM

Agenda:

- To organize a Cooking competition

1. Welcome and Introduction:

- The meeting commenced at 12:00 PM with a welcome note by the Chairperson, Prof. Pushpaben Garasia.
- The agenda of the meeting was introduced, focusing on organizing the upcoming Cooking competition.

2. Purpose of the Cooking Competition:

- The Chairperson emphasized the importance of the Cooking competition in promoting culinary skills among students.
- It was noted that the competition would encourage creativity and healthy competition.

3. Date and Time Confirmation:

- The Cooking competition is scheduled for 15-12-2021.
- The timing for the event will be from 12:00 AM to 2:00 PM.

4. Roles and Responsibilities:

- Prof. Pushpaben Garasia:** Overall coordination and supervision.
- Dr. Manjulaben Solanki:** In charge of participant registration and coordination.
- Dr. Vandana Parma:** Overseeing logistics and procurement of necessary materials.

Chairperson: Prof. Pushpaben Garasia

Committee Members: Dr. Manjulaben Solanki

Dr. Vandana Parmar

Principal
Shri S.K. Shah & Shrikrishna
O.M. Arts College, Modasa (Aravalli)



B' GRADE BY NAAC

SHRI S. K. SHAH & SHRIKRISHNA O. M. ARTS COLLEGE, MODASA.

[Run by : Shri M. L. Gandhi Higher Education Society, Modasa.]

શ્રી એસ.કે.શાહ એન્ડ શ્રીકૃષ્ણ ઓ.એમ.આર્ટ્સ કોલેજ, મોડાસા

શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat)

મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)

5. Participant Criteria and Registration:

- The competition is open to all students of Shri S.K. Shah and Shrikrishna O.M. Arts College.
- Registration forms will be available in the Department of Home Science.
- The deadline for registration is 13-12-2021.

6. Competition Guidelines:

- Participants are required to prepare a dish of their choice within 90 minutes.
- The use of healthy and locally sourced ingredients is encouraged.
- Each participant must present their dish to the judging panel along with a brief description.

7. Logistics and Resources:

- Dr. Vandana Parmar will arrange for cooking stations, ingredients, utensils, and other necessary materials.
- Ensure the availability of first aid and safety measures during the event.

8. Promotion and Communication:

- Flyers and posters will be designed and distributed by the Women Development Cell.
- Information will be shared via college notice boards and social media platforms.

9. Miscellaneous:

- Prof. Pushpaben Garasia proposed a follow-up meeting on 14-12-2021 to finalize preparations and address any last-minute issues.

Chairperson: Prof. Pushpaben Garasia

Committee Members: Dr. Manjulaben Solanki

Dr. Vandana Parmar

Principal
Shri S.K. Shah & Shrikrishna
O.M. Arts College, Modasa (Aravalli)



B' GRADE BY NAAC

SHRI S. K. SHAH & SHRIKRISHNA O. M. ARTS COLLEGE, MODASA.

[Run by : Shri M. L. Gandhi Higher Education Society, Modasa.]

શ્રી એસ.કે.શાહ એન્ડ શ્રીકૃષ્ણ ઓ.એમ.આર્ટ્સ કોલેજ, મોડાસા

શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat)

મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)

Women Development Cell & Department Of Home Science

Report on the Cooking Competition

Event Date: 15-12-2021

Place: Department of Home Science

Time: 10:00 AM to 1:00 PM

1. Introduction: The Women Development Cell and the Department of Home Science at Shri S.K. Shah and Shrikrishna O.M. Arts College organized a Cooking Competition on the 15th of December, 2021. The event aimed to promote culinary skills, creativity, and healthy competition among students. The competition was enthusiastically received and witnessed active participation from students across various disciplines.

2. Objective: The primary objective of the competition was to encourage students to showcase their cooking talents and creativity while emphasizing the importance of using healthy and locally sourced ingredients. The event also aimed to foster a sense of camaraderie and teamwork among participants.

3. Participants: A total of 25 students registered for the competition. Participants were required to prepare a dish of their choice within 90 minutes and present it to the judging panel along with a brief description of the dish, including the ingredients used and the inspiration behind it.

4. Judging Panel: The judging panel consisted of:

- Prof. Pushpaben Garasia (Chairperson)
- Dr. Manjulaben Solanki
- Dr. Vandana Parmar

Chairperson: Prof. Pushpaben Garasia

Committee Members: Dr. Manjulaben Solanki

Dr. Vandana Parmar

Principal
Shri S.K. Shah & Shrikrishna
O.M. Arts College, Modasa (Aravalli)



B' GRADE BY NAAC

SHRI S. K. SHAH & SHRIKRISHNA O. M. ARTS COLLEGE, MODASA.

[Run by : Shri M. L. Gandhi Higher Education Society, Modasa.]

શ્રી એસ.કે.શાહ એન્ડ શ્રીકૃષ્ણ ઓ.એમ.આર્ટ્સ કોલેજ, મોડાસા

શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat)

મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)

5. Judging Criteria: The dishes were evaluated based on the following criteria:

- Taste
- Presentation
- Originality
- Nutritional value

6. Event Proceedings: The competition began promptly at 10:00 AM with an introductory speech by Prof. Pushpaben Garasia, who welcomed the participants and outlined the rules and judging criteria. Participants then proceeded to their assigned cooking stations and began preparing their dishes.

Throughout the event, the atmosphere was filled with excitement and creativity as students showcased their culinary skills. The judging panel moved around to observe the cooking process and interact with the participants, gaining insights into their techniques and ingredient choices.

8. Conclusion: The Cooking Competition was a resounding success, with participants displaying exceptional culinary skills and creativity. The event not only provided a platform for students to showcase their talents but also highlighted the importance of healthy eating and the use of locally sourced ingredients.

The Women Development Cell and the Department of Home Science extend their heartfelt thanks to all participants, judges, and volunteers who contributed to the success of the event. We look forward to organizing more such events in the future to continue promoting creativity and skill development among students.

9. Acknowledgements: Special thanks to Prof. Pushpaben Garasia, Dr. Manjulaben Solanki, Dr. Vandana Parmar, and the guest chefs for their invaluable contribution to the event. We also appreciate the efforts of the Women Development Cell and the Department of Home Science for their meticulous planning and execution of the competition.

Chairperson: Prof. Pushpaben Garasia

Committee Members: Dr. Manjulaben Solanki

Dr. Vandana Parmar

Principal
Shri S.K.Shah & Shrikrishna
O.M. Arts College, Modasa (Aravalli)



B' GRADE BY NAAC

SHRI S. K. SHAH & SHRIKRISHNA O. M. ARTS COLLEGE, MODASA.

[Run by : Shri M. L. Gandhi Higher Education Society, Modasa.]

શ્રી એસ.કે.શાહ એન્ડ શ્રીકૃષ્ણ ઓ.એમ.આર્ટ્સ કોલેજ, મોડાસા

શ્રી મ.લા.ગાંધી ઉચ્ચતર કેળવણી મંડળ, મોડાસા સંચાલિત

MODASA- 383 315, Dist. Aravalli. (North Gujarat)

મોડાસા - ૩૮૩ ૩૧૫, જિ. અરવલ્લી. (ઉત્તર ગુજરાત)



Chairperson: Prof. Pushpaben Garasia

Committee Members: Dr. Manjulaben Solanki

Dr. Vandana Parmar

Handwritten signatures of Prof. Pushpaben Garasia, Dr. Manjulaben Solanki, and Dr. Vandana Parmar.

Handwritten signature of the Principal.

Principal
Shri S.K.Shah & Shrikrishna
O.M. Arts College, Modasa (Aravalli)